

Course Objectives

By the end of this conference, the participant will be able to:

1. Identify the three D's that cause mental health illness affecting the Hispanic geriatric population.
2. State developmental milestones in the growth of infants/early childhood that can have an impact on future mental health problems.
3. Identify challenges met by our teenagers and young adults that may contribute to mental health issues.
4. Describe current treatment and resources available for individuals suffering from mental health disorders.
5. Identify symptoms of post-traumatic stress disorder in veterans.

Contact Hours: 5.0

This educational offering is provided by LA-NAHN. Approved by the CA BRN for 5 contact hours. Partial program credit will not be given. (BRN # CEP 15080).

NAHN-LA Chapter

The mission of this chapter is to provide a forum regarding current nursing advancements; to facilitate access toward opportunities for educational and professional growth; and to supply quality healthcare to our Latino/Hispanic Community.

Annual Membership Dues

*Join LA NAHN at the door or renew your membership!

Annual membership fee:

RN: \$100

Generic Student: \$ 40

(Includes national & local LA NAHN dues)

P.O. Box 91714
City of Industry, CA 91715

16th Annual Professional Nursing Conference

16th Annual Professional Nursing Conference



**National Association of Hispanic Nurses
Los Angeles Chapter**

Friday

March 4, 2011

8:00AM-4:00PM

California Endowment Center

1000 N. Alameda Street

Los Angeles CA 90012

(800) 449-4149

**Course Description
Agenda**

The Substance and Abuse and Mental Health Services Administration (SAMHSA) reports that our Hispanic community is expected to increase to 97 million by 2050 compared to the estimated 35.3 million that reside in the U.S. today. As the Hispanic community continues to increase, so will the rise in mental health cases. This conference is designed to address the leading causes of mental health issues identified in our Hispanic community. Discussion will be centered on up to date information on developmental screening and assessment of mental health issues prevalent for every age group.



**The California Endowment Center
1000 N. Alameda Street
Los Angeles, CA 90012**

Directions:
Take 101 FWY North
Exit Alameda Street headed East
East-towards Union Station

Take 101 Freeway South
Exit Hill Street-Right
Ord Street-Left
(end at Alameda St.)
Free Parking

Agenda

8:00-8:45	Registration /Exhibitors Opening Continental Breakfast
8:45-9:00	Welcome & Opening Remarks Angie Millan, RNP NAHN President
9:00-10:00	Key Note Speaker: Congresswoman Grace Napolitano, 38th District Co-Chair of Congressional Mental Health Caucus– Confirmed Guest
10:00-10:30	Break/Exhibitors/Networking
10:30-11:15	Teens, Tweens, and Tribulations: Challenges of Today's Adolescents and Young Adults Dr. Panayiota Courelli Foster Grandparent Program Director
11:15-12:00	Feeling the Effects: Helping Adults Find Ways to Cope Elvia Torres Executive Director SPIRITT Family Services
12 Noon-1 PM	Lunch/Exhibitors/Networking
1:00-1:45	The Three D's-Delirium, Depression and Dementia Dr. Sarah Gelberd LA County Dept. of Mental Health
1:45-2:30	Bringing our Veterans Home Safe: Can We Keep Them Mentally Safe? Guest Speaker from Downtown Mental Health Clinics
2:30-2:45	Break
2:45-3:30	Child Development: How to Handle Children With Care Cesar Gallegos, School Psychologist Montebello School District Head Start Program
3:30	Conference Summary and Evaluations

Registration Form

**“Mental Health Issues for the Latino
Community Throughout the Lifespan”**

Registration Fees:

NO REFUNDS: Prices include Continental Breakfast
and Lunch

NAHN Members	\$60.00
Non-members	\$70.00
Students (generic /non-licensed)	\$35.00
All On Site Registration	\$ 75.00

Name _____

Title for ID Badge _____

Address _____

E-mail address _____

Phone (work, cell, home) please circle _____

RN license required for CEUs _____

VISA MasterCard Discover AMEX
 Check

Account #: _____

Exp. Date: _____ **Zip:** _____

Card Holder Name: (print) _____

Signature: _____

Registration is also available on line:
www.lanahn.com

Make Check Payable to: NAHN-LA

Mail Registration form to:
NAHN LA
P.O. Box 91714
City of Industry, CA 91715
POSTMARK DEADLINE: 2/28/11

Registration Information contact:
Mario Chavez at (818) 970-9258

Angelica Flores at (626) 570-8564